

# YOUTH CAMP PROGRAMME

 $15^{th} - 22^{nd}$  July 2016

# 15<sup>th</sup> July – Friday

Morning	Participants' arrival
13.00 - 14.00	Lunch
14.00 - 15.00	Wellcoming speech
	Boris Šuštaršič, EAMDA President
	Marica Mirić, SDDH President
15.00 - 16.00	Convention on the Rights of Persons with Disabilities
	Peer Counselling
	Marica Mirić, SDDH President
19.00 - 21.00	Dinner and Welcome party

# 16<sup>th</sup> July – Saturday

08.00 - 09.00	Breakfast
09.00 - 09.30	Social Game My Secret Friend
09.30 - 13.00	Rehabilitation programme
	Breathing Exercises, Compex, Thera-vital, Respifit-S
13.00 - 14.00	Lunch
17.00 - 19.00	Rehabilitation swimming
19.00 - 20.00	Dinner
20.00 -	Karaoke night

## 17<sup>th</sup> July – Sunday

08.00 - 09.00	Breakfast
09.00 - 12.00	Rehabilitation programme
	Breathing Exercises, Compex, Thera-vital, Respifit-S
13.00 - 14.00	Lunch
17.00 - 19.00	Rehabilitation swimming
19.00 - 20.00	Dinner
20.00 -	Social Activities

## 18<sup>th</sup> July – Monday

08.00 - 09.00	Breakfast
09.30 - 12.30	Rehabilitation swimming
13.00 - 14.00	Lunch
14.30 - 18.00	Rehabilitation programme
	Breathing Exercises, Compex, Thera-vital, Respifit-S
19.00 - 20.00	Dinner
20.00 -	Movie Night

## 19<sup>th</sup> July – Tuesday

08.00 - 09.00	Breakfast
09.00 - 11.00	Rehabilitation programme
	Breathing Exercises, Compex, Thera-vital, Respifit-S
11.00 - 12.30	Noninvasive Ventilation
13.00 - 14.00	Lunch
17.00 - 19.00	Visiting Mini Croatia – An Outdoor Gallery
19.00 - 20.00	Dinner
19.00 –	Social Activities

#### 20<sup>th</sup> July – Wednesday

08.00 - 09.00	Breakfast
09.00 - 12.30	Rehabilitation programme
	Breathing Exercises, Compex, Thera-vital, Respifit-S
13.00 - 14.00	Lunch
17.00 - 19.00	Rehabilitation swimming
19.00 - 20.00	Dinner
20.00 -	Social Activities

#### 21<sup>st</sup> July – Thursday

08.00 - 09.00	Breakfast
09.30 - 11.30	Creative Workshop Hello from my holidays
13.00 - 14.00	Lunch
16.00 - 18.00	My MD Society
19.00 - 20.00	Dinner
20.00	Movie Night

#### 22<sup>nd</sup> July – Friday

08.00 - 09.00	Breakfast
09.30 – 10.30	Evaluation of 2016. Youth Camp "Together for a better Camp" Social Game <i>My Secret Friend</i> Participants leaving