



EAMDA – Youth Camp

19 – 26 June, Selce



YOUTH CAMP PROGRAMME

19 June – Friday

16.00 – Participants' arrival
19.00 – 20.00 Dinner

20 June – Saturday

09.00 – 10.00 Breakfast
10.30 – 11.30 Welcome speech
Luka Zaharija, EYO President
Marica Mirić, SDDH President
Boris Šuštaršič, EAMDA President
11.30 – 12.15 Camp participants introduction
12.15 – 13.00 EAMDA Youth programme
Luka Zaharija, EYO President
14.00 – 15.00 Lunch
15.00 – 19.00 A visit to the manifestation „Dani Frankopana“, Crikvenica
http://www.rivieracrikvenica.com/croatia/dani_frankopana
19.30 – 21.00 Dinner

21 June – Sunday

07.00 – 09.00 Breakfast
10.00 – 12.00 Rehabilitation programme
(Breathing exercises, Compex, Thera-vital, Respifit-S)
12.30 – 13.30 Lunch
17.00 – 19.00 Rehabilitation swimming
19.00 – 20.00 Dinner
20.00 – Social game „Guess who you are“

22 June – Monday

07.00 – 09.00 Breakfast
09.00 – 12.30 Rehabilitation swimming
12.30 – 13.30 Lunch
14.00 – 17.00 Rehabilitation programme
(Breathing exercises, Compex, Thera-vital, Respifit-S)
19.00 – 20.00 Dinner
20.00 – Tournament – „Belote“



23 June – Tuesday

07.00 – 09.00	Breakfast
09.00 – 12.30	Rehabilitation programme (Breathing exercises, Compex, Thera-vital, Respifit-S)
12.30 – 13.30	Lunch
14.00 – 19.00	Education on Bocce rules, demonstration and training
19.00 – 20.00	Dinner
20.00 –	Creative workshop „ <i>The Sea and I</i> “

24 June – Wednesday

07.00 – 09.00	Breakfast
09.00 – 12.00	Rehabilitation swimming
12.30 – 13.30	Lunch
14.00 – 17.00	Rehabilitation programme (Breathing exercises, Compex, Thera-vital, Respifit-S)
17.00 – 19.00	Playing Bocce
19.00 – 20.00	Dinner
20.00 –	Karaoke Night

25 June – Thursday

07.00 – 09.00	Breakfast
09.00 – 12.00	Rehabilitation programme (Breathing exercises, Compex, Thera-vital, Respifit-S)
12.30 – 13.30	Lunch
14.00 – 17.00	Chess tournament
17.00 – 19.00	Rehabilitation swimming
19.00 – 20.00	Dinner
20.30	Movie night – „ <i>Life is beautiful</i> “

26 June – Friday

07.00 – 09.00	Breakfast
09.00 – 11.00	Evaluation of the Youth Camp 2015 <i>Luka Zaharija, Camp coordinator</i>
12.00 – 13.00	Lunch
	Departure of participants

