



# EAMDA YOUTH CAMP

15<sup>th</sup> - 22<sup>nd</sup> July, 2018



## WORK SCHEDULE

### 15<sup>th</sup> July – Sunday

16.00 – Participants arrival  
17.30 – 18.00 Dinner

### 16<sup>th</sup> July – Monday

08.45 – Breakfast  
09.30 – 10.00 Wellcoming speeches  
*Stela Franjić, SDDH Youth Forum president*  
*Luka Zaharija, EYO president*  
*Marica Mirić, SDDH president*  
*Zorislav Bobuš, SOIH president*  
*Boris Šuštaršič, EAMDA president*  
10.00 – 10.30 Camp participants introduction  
10.30 – 11.15 EAMDA 2018 Youth Camp Programme  
*Stella Franjić, SDDH Youth Forum president*  
11.15 – 11.45 EYO Programme  
*Luka Zaharija, EYO president*  
12.00 – 12.30 Lunch  
13.00 – 17.00 Free time  
17.30 – 18.00 Dinner  
20.00 – Social game „Guess who you are“

### 17<sup>th</sup> July –Tuesday

08.45 – Breakfast  
09.00 – 12.00 Round table: „The role of young people with disabilities in DPO's“  
*Moderators – one person from each Country*  
12.00 – Lunch  
15.30 – 16.30 Rehabilitation programme  
*(Breathing Exercises, Compex, Thera-vital, Respifit-S)*  
16.30 – 17.30 Rehabilitation swimming  
17.30 – Dinner  
20.00 – Movie night

### 18<sup>th</sup> July – Wednesday

08.45 – Breakfast  
10.00 – 12.00 Rehabilitation programme  
*(Breathing Exercises, Compex, Thera-vital, Respifit-S)*  
12.00 – Lunch

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| 14.00 – 17.00 | Rehabilitation swimming  |
| 17.30 –       | Dinner   |
| 20.00 –       | Creative workshop accompanied with music by Damir Juren<br>Belote tournament |

### 19<sup>th</sup> July – Thursday

|               |   |
|---------------|---|
| 08.45 –       | Breakfast   |
| 10.00 – 12.00 | Rehabilitation programme<br>( <i>Breathing Exercises, Compex, Thera-vital, Respifit-S</i> ) |
| 12.00 –       | Lunch   |
| 14.00 – 17.00 | Rehabilitation swimming   |
| 17.30 –       | Dinner  |
| 18.00 –       | Field trip  |

### 20<sup>th</sup> July – Friday

|               |   |
|---------------|---|
| 08.45 –       | Breakfast   |
| 10.00 – 12.00 | Rehabilitation programme<br>( <i>Breathing Exercises, Compex, Thera-vital, Respifit-S</i> ) |
| 12.00 –       | Lunch   |
| 14.00 – 17.00 | Rehabilitation swimming   |
| 17.30 –       | Dinner  |
| 20.00 –       | Music evening   |

### 21<sup>st</sup> July – Saturday

|               |   |
|---------------|---|
| 08.45 –       | Breakfast   |
| 10.00 – 12.00 | Rehabilitation programme<br>( <i>Breathing Exercises, Compex, Thera-vital, Respifit-S</i> ) |
| 12.00 –       | Lunch   |
| 14.00 – 17.00 | Rehabilitation swimming   |
| 17.30 –       | Dinner  |
| 20.00         | Chess tournament  |

### 22<sup>nd</sup> July – Sunday

|               |   |
|---------------|---|
| 08.45 –       | Breakfast   |
| 10.00 – 11.00 | Evaluation of 2018. Youth Camp<br><i>Stella Franjić, SDDH Youth Forum president</i> |
| 12.00 –       | Lunch   |
|               | Participants leaving  |